

Safe On Campus

Peer Education Program: "Breaking the Silence"

PRESENTATION GUIDELINES

Why am I talking to high school students?

#1 goal of Safe On Campus:

To educate students BEFORE something happens to him/her and before he/she arrives at college.

DO NOT MISS Discussion Points:

- What constitutes rape? Sexual assault?

Sexual Assault = Unwanted sexual contact (includes rape)

Rape = Sex that is forced on a person

Stranger Rape = When you do not know your attacker

Acquaintance Rape = When the attacker/victim know each other

* **Acquaintance rape makes up 80% of rapes nationwide**

www.rapeis.org

Rape can be violent and non violent. *Often a victim will submit to the attack out of fear.*

- Consensual Sex = Both partners agree to have sex

- **1 in 4** college women will be the victim of a rape or attempted rape

The Alcohol-Rape Connection:

- Being under the influence of alcohol or any other drug impairs the ability to make sound decisions and makes you more susceptible to a sexual assault situation for *both the victim and the attacker*.
- If a person is drunk (.08+ blood alcohol level) he/she cannot legally give consent to sex. Alcohol IS as date rape drug.
- 90% of all campus rapes involve alcohol. www.factsontap.org

If a guy/girl gets drunk he/she HAS THE RIGHT NOT to be TAKEN ADVANTAGE OF! It is not their fault, even if alcohol is involved!

Red Flags Section – Notes:

Basically, students need to know that if they are drunk with a person of the opposite sex, especially if they haven't known the person for long, they should not be having sex with him/her, because it could easily end up being sexual assault.

For girls and guys, if they notice their friends being physically or verbally aggressive, that should raise their awareness. For girls, they should stay away from having any kind of sexual contact with an aggressive person, and for guys they should make sure their friends don't become aggressive with girls.

Troubleshooting:

- If you do not have the answer to a specific question, **suggest the following:** Have the student(s) contact SOC at 888 251 7959 or www.securityoncampus.org, or contact www.rainn.org, www.pcar.org, www.stopcampusrape.org, www.factsontap.org.
- If the session starts late or the school has not given you enough time to cover all that you want, discuss with your presentation partner about how to most effectively run the program. What parts should you skip? How will you stay on track?

It is important to meet up with your program partner early so you can discuss these scenarios.

Timeline

20 minutes: Show "Breaking the Silence"

5 minutes: Show "The Undetected Rapist"

5 minutes: Find out their initial reactions to what they have just seen. * Do not ask, "What did you think of the video?" because that question is too undirected. Instead, ask a question like, "Is acquaintance rape topic you have a lot of awareness about or a little?"

30 minutes: Use the Study Guide to generate discussion

Study Guide Ideas:

- > Have different students read from the page
 - > Read the bold statements as conversation starters, then discuss from there
 - > Discuss each of the 3 Scenarios
- (Depending on the time allotted for the program, you may or may not have a lot of time to spend on scenarios. Pick and choose which scenarios you definitely want to cover.)

15 minutes- End: Talk from your college experience!

(The more the better!)

High school students want to hear from YOU as an "in-the-moment" college student!

- * What do YOU see happening in college?
- * Do you have any friends that were assaulted? Do you have any guy friends who have found themselves in a legal situation because they combined alcohol with sex?
- * Were you ever assaulted?
- * Were you ever in an intimate situation and realized you should stop because both you and your partner were drunk?
- * How do you think students should act to combat the problem of sexual assault and rape?

These are all questions that will engage high school students into a productive and health conversation about sexual assault and rape in the college setting.